Kent Pool

This material is available in alternate formats.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 - 7:30 am	Lap Swim		Lap Swim		Lap Swim	
7:15 - 8:15 am	Water Ex	Deep Water Ex & 7:30 - 8:30 Private lessons (shallow)	Water Ex	Deep Water Ex & 7:30 - 8:30 Private lessons (shallow)	Water Ex	
8:30 - 9:30 am	Daycare Lessons & M - Th Pre-Comp			9 - 1 pm		
9:30 - NOON	Lessons			Water Fun Camp		
NOON - 1 pm	Adult Lap Swim			NOON - 1 pm Familly Swim & Lap Swim		
1 - 2 pm	Adult Lap Swim & Private Lessons (shallow)	Arthritis Exercise	Adult Lap Swim & Private Lessons (shallow)	Arthritis Exercise	Adult Lap Swim	1 - 3 pm Public Swim \$3.70
2 - 4 pm		Public Swim			2 - 3 pm Public Swim \$1.85	
4 - 5:30 pm	4	4 - 5 pm, M - Th, Private Lessons (shallow only) & KING Aquatic Club			3 - 8 pm Pool	
5 - 7:30 pm	Lessons M & W	Lessons T & Th	Lessons M & W	Lessons T & Th	6:30 - 7:30 Family Swim	Rentals Available
7:30 - 8:30 pm	75¢ Swim	Public Swim, \$1.85			8 - 10 pm Public Swim \$3.70	
8:30 - 9:30 pm	Lap Swim & 8:30 - 9 pm Adult Lessons	Aquarobics & Lap Swim	Lap Swim & 8:30 - 9 pm Adult Lessons	Aquarobics & Lap Swim	8:30 - 10:30 pm SCUBA	9 - 10 pm Public Swim \$1.85

- Children under 6 years of age must be accompanied by an adult in the water at all times.
- Family Swims require an adult in the water directly supervising all children under 18 years of age.
- Programs may be changed, combined, or share the pool to assure maximum convenience and pool usuage.



25316 - 101 Ave SE

Kent, WA 98031 Phone: 206-296-4275 **Relay: 1-800-833-6388**

Relay: 1-800-833-6388 *Closed July 4 at 4 pm www.metrokc.gov/parks Closed September 1 - 3 for Labor Day

SUMMER SWIM LESSONS

Mornings M - F Jun 26 - Jul 6 Jul 9 - Jul 20 Jul 23 - Aug 3 Aug 8 - Aug 17 Aug 20 - Aug 31

Registration begins up to three months before the start of the class. See *Registration Policy*.

WATER EXERCISE

Water Ex, Deep Water Ex, and Arthritis Foundation Water Exercise. These multi-level, instuctor directed classes meet on a drop-in basis.

Aquarobics: Registration is required. Call 1-800-817-8988.

WATER FUN CAMP @ Kent Pool

Call or visit Kent Pool and ask for Dee Turner, 206-296-4275.

COMPETITIVE SWIMMING

KING Aquatic Club. USS. For information, call 206-878-1634.

SCUBA

Fifth Dimension Aquatics, Inc. For information, call them at 253-854-6692.

SPECIALIZED RECREATION

Call Kent Parks at 253-859-3599 for fall.

TEEN LESSONS

Call Kent Parks at 253-859-3599.

RECREATIONAL SWIM SCHEDULE

June 25 - August 31, 2001

All days, dates, and times are subject to change.

Summer Schedule

Adult/Lap Swimming

M, W, F	6 - 7:30	am
M - F (Adults only) NOON - 1 i	pm
M, W, F	1 - 2 i	pm
M - Th	8:30 - 9:30	pm
Sa	NOON - 1	pm

Public Swimming (under 6 yrs, with adult)

M - F, \$3.70	2 - 4 pm
M, 75¢	
Tu - F, \$1.85	
Sa, \$3.70/\$1.85	1 - 3 pm
Sa, \$3.70/\$1.85	8 - 10 pm

Family Swimming

(with adults swimming)

F	6:30 - 7:30 pm
Sa	NOON - 1 pm

EXERCISE PROGRAMS

Water Ex

M, W, F 7:15 - 8:15 am

Deep Water Ex

T, Th 7:15 - 8:15 am

Arthritis & Sr Exercise

T, Th 1 - 2 pm

Aquarobics

T, Th 8:30 - 9:30 pm